# COOMBE MEDICAL PRACTICE

www.coombemedicalpractice.co.uk

Summer Newsletter 2019

### **Emergency contact**

Some patients have tried to contact me via the pager during office hours or when I am not on call. Please always call the landline (0208 605 0044) first. The message will inform you who is on call and the appropriate number to call. Colleague doctors may be on call.

A fee is charged for missed appointments, and for those cancelled less than six hours. Details on our website.

#### **MMR**

Over the past eighteen months there have been measles outbreaks in Liverpool, Birmingham, Manchester and Surrey – these are linked to ongoing large outbreaks in Europe.

A quarter of a million teenagers and young adults are at risk because they were not vaccinated, owing to the MMR scare in 1998. This followed discredited research by Andrew Wakefield. We advise that all children, teenagers and adolescents receive an MMR vaccine to ensure protection against measles, mumps and rubella. Please contact us if you or your children have not been vaccinated.

## Gardasil HPV vaccine for boys

Human Papilloma Virus is a virus that is passed on by sexual contact. The virus can cause genital cancer and genital warts in men and women, and head and neck/throat cancers in both men and women.

The NHS offers the vaccine routinely to girls, but currently boys are not offered it and so remain at risk. We offer Gardasil 9 – the newest HPV vaccine, covering 9 of the most important HPV strains. Please telephone us for further information.

### **Prescriptions**

When a repeat prescription is required for on-going medication, it is appreciated if at least two weeks' notice is given. We need to check the medical records to see whether the medication is intended to be repeated; whether a blood pressure or blood test is required; and to ensure safe clinical monitoring. This also allows enough time for us to post the prescription to you.

### Flu jabs

Winter may seem a long way away... If you would like a Flu vaccination please call the Practice and reserve your jab as we will have a limited supply.

### **Medical cover**

Dr Barrie is away from 15th until 29th July. The Practice is being covered by Dr Catherine Ramsay (consulting at Brook Gardens) and Dr Britta Derbuch (Medica Optima Surgery, 4 Back Lane, Ham TW10 7LF. Tel 0208 332 7190). Please telephone 0208 605 0044 on the day for details as to which doctor is covering that particular day. NB Dr Derbuch will be operating from her own clinic. She will not see patients at Brook Gdns and will not have access to your medical records. Her charges may be different to ours. She will charge for consultations/telephone advice and prescriptions. Therefore, do please make sure you have enough of your regular medication before we go away.

Wishing you all a relaxing Summer.