

# COOMBE MEDICAL PRACTICE

[www.coombemedicalpractice.co.uk](http://www.coombemedicalpractice.co.uk)

## *Summer Newsletter 2020*

### **Coronavirus**

These are unprecedented times – the past few months have been challenging for many people. We are still in the midst of the pandemic. As the lockdown eases, the practice is in the process of re-establishing routine services ensuring that we can do this safely. Although the risk of infection has reduced, there remains the risk of a ‘second peak’.

Please do not come to the practice if you are suffering from COVID-19 symptoms/flu-like symptoms or have been in recent contact with a confirmed case. Individuals and household members must isolate and follow the guidelines. These are continually being updated – see:

[www.nhs.uk/conditions/coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)

and

[www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)

If you have symptoms, please book a test online [NHS Test and Trace Coronavirus] or by calling NHS119.

### **Appointments**

Please do not come to the practice without a confirmed, booked appointment. If you have an appointment here, please wear a face covering/mask. Thank you.

### **Prescriptions**

When a repeat prescription is required for on-going medication, it is appreciated if at least two weeks’ notice is given. We need to check the medical records to see whether the medication is intended to be repeated; whether a blood pressure or blood test is required; and to ensure safe clinical monitoring. This also allows enough time for us to post the prescription to you.

### **Flu vaccines**

Winter may seem a long way away... If you would like a Flu vaccination please call the Practice. We only have a limited supply.

### **Other vaccinations**

Please ensure that you and your family are fully protected and up to date with vaccinations eg routine childhood immunisations, HPV (Gardasil), Meningitis B, Meningitis ACWY etc. If in doubt do please telephone us.

### **Emergency contact**

Some patients have tried to contact me via the pager during office hours or when I am not on call. Please always call the landline (0208 605 0044) first. The message will inform you who is on call and the appropriate number to call. Colleague doctors may be on call.

*Wishing you all a relaxing Summer.  
Stay safe and well.*