# COOMBE MEDICAL PRACTICE

www.coombemedicalpractice.co.uk

# Summer Newsletter 2023

## Data

Please inform us by email if you or your family members change address or telephone/email contact details.

## **Prescriptions update**

Repeat prescription requests should be sent by email (by the individual); it would be appreciated if at least two weeks' notice is given. We need to check the medical records to see whether the medication is intended to be repeated; whether a blood pressure or blood test is required; and to ensure safe clinical monitoring. This allows enough time for us to generate and post the prescription.

Patients over the age of sixteen should send their request from their own email address.

## Flu and travel vaccines

We can give advice and administer travel immunisations. Call Roopal and she will email you a travel form for you to complete. Autumn/Winter is approaching... If you would like a Flu vaccination, please call the Practice to reserve your vaccination.

# **General health**

Please ensure that you and your family are fully protected and up to date with vaccinations eg routine childhood immunisations, HPV (Gardasil), Meningitis B, Meningitis ACWY etc. If in doubt please telephone us.

We can perform blood tests to check general health, cholesterol levels, diabetes etc.

We encourage all men over the age of 50, or if they have a family history of prostate cancer, to have a PSA blood test to screen for prostate cancer. Women should have regular cervical smears; and, from the age of 50, a mammogram every 3 years. Earlier screening is important if there is a family history. Please call to book appointments.

## **Appointments**

It would be much appreciated if you could contact us if you no longer require an appointment. That allows us to offer it to someone else. A fee is charged for missed appointments, and for those cancelled less than six hours.

Wishing you a relaxing Summer.